

velo vixen Women's Cycling Hub

FRIDAY

11.15-12.00

Here Come the Girls

Why women's cycling is blooming with Julia Rand (Cycling UK), Diane Jeggo (Breeze) and Liz Colebrook (Beaumont Bicycle).

12.45-13.30

Tracy Moseley – Q&A

The legendary MTB Champion answers your questions.

13.45-14.30

Token Attractive Female –

Where is media coverage on women's cycling? With Laura Winter (VoxWomen) and Rebecca Charlton (cycling presenter, commentator and journalist).

15.00-15.45

Why You Should Try CycloCross –

And keep cycling through winter with Fran Whyte (Bicester Millennium CC).



SATURDAY

10.30-11.15

Beyond Selling Stuff –

Bringing something fresh to women's cycling featuring Lynne Bye (founder, Fat Lad / Lass at the Back), Judith Smith (MD, Primal Europe) and Rhian Ravencroft (founder, Threo).

11.30-12.15

Corrine Hall MBE – Q&A

Meet the Paralympian gold medalist.

13.00-13.45

Your Biggest Challenge –

Ride the Tour de France with Le Loop* – featuring Emily Chappell (lead rider, Le Loop; ultra-endurance cyclist; founder of the Adventure Syndicate), Sarah Perry (organiser, Le Loop) and Julia Tilley (rider, 2017 – survived). *Formerly Tour de Force

14.00-14.30

Get Over It –

How cycling can help you overcome fears and challenges, and come out stronger in every sense with Juliet Elliott (racer, blogger, journalist, model) Adele Mitchell (journalist, cycling fanatic) and Diane Jeggo (Breeze).

15.00-16.00

Adventure Syndicate –

Female adventures to take your breath away with adventurers Emily Chappell and Lee Craigie.

SUNDAY

10.30-11.15

Let's Club Together –

How cycling clubs can get it right for women, with Kate Horsfall (Yorkshire Lass CC), Fran Whyte (Bicester Millennium CC), Kat Young (Cowley Road Condors CC) and Eleanor Rye (Hinckley CRC).

11.30-12.15

Taking on the impossible –

Riding the 2,400 mile Transcontinental with Grace Lambert-Smith and Eleanor Ceindeg (riders from 2017).

13.00-13.45

Jo Rowsell Shand MBE – Q&A

Multiple Olympic gold medalist, World Champion, World Record holder and BBC Pundit.

14.00-14.45

Simone Dailey

Build a base, build a champion, Triathlon Age Group World Champion and Personal Trainer reveals the importance of glute strength and optimum lower body power in order to increase your overall performance on and off the bike.

15.00-15.30

The 10,000km Date –

How VeloVixen was born through a year long ride with Liz Bingham (Co-founder).

Timetable subject to change by Show Organisers